

Pond Inlet/Mittimatalik

IN CASE OF LIFE-THREATENING SITUATIONS / CONCERNS FOR ONE'S OWN OR SOMEONE ELSE'S IMMEDIATE SAFETYCALL RCMP 1-867-979-0123 (867-899-0123)

FOR NON-LIFE-THREATENING YOUTH DISTRESS SITUATIONS

CALL KAMATSIAQTUT HELPLINE – 867-979-3333 / 800-265-3333 (ALL DAY, EVERYDAY)

KIDS HELP PHONE – 1-800-668-6868 (ALL DAY, EVERYDAY)

CRISIS TEXT LINE – TEXT "CONNECT" TO 686868 (ALL DAY, EVERYDAY)

HOPE FOR WELLNESS HELPLINE – 1-855-242-3310 (ALL DAY, EVERYDAY)

COMMUNITY RESOURCES & SUPPORTS

ILLNESS/INJURY (NON-LIFE THREATENING)	SUPPORT AND COUNSELLING	DISTRESS/ SUICIDAL THOUGHTS	ADVOCACY	SEXUAL ASSAULT	EMERGENCY HOUSING	EMERGENCY FUNDING
<p>Health Center 867-899-7500</p>	<p>Community and Public Health Nurse</p> <p>For contact info please visit: https://www.gov.nu.ca/sites/default/files/health.pdf</p>	<p>Psychiatric Nurse 867 899 7500</p>	<p>Representative for Children and Youth</p> <p>1-855-449-8118 contact@rcynu.ca</p>	<p>Health Centre</p> <p>Social Services Office / Emergency</p> <p>Assaulted Women's Helpline (866) 863 0511</p> <p>RCMP 867 899 1111</p>	<p>Social Services Office 867 899 7502</p> <p>Pond Inlet/Mittimatalik Housing Organizations 867 899 8909</p> <p>Nunavut Housing Corporation 867-252-3756 http://www.NunavutHousing.ca/</p>	<p>Social Assistance (18 and over) 867-899-7502</p> <p>QIA's Grants and Contributions 800-667-2742 867-975-8400 https://www.qia.ca/applications/</p> <p>Kaviak Applications http://www.kakivak.ca/en/applications</p> <p>Government of Nunavut Employee/Family Assistance (800) 663 1142</p> <p>Government of Canada Employee/Family Assistance (800) 268 7708</p> <p>Financial Assistance For Nunavut Students 1- 877-860-0680</p>

OTHER RESOURCES / SUPPORTS AVAILABLE IN POND INLET/MITTIMATALIK:

- FAMILY / FRIENDS WHO YOU TRUST
- ELDERS WHO YOU TRUST

FOR OTHER SUPPORTS, VISIT ISAKSIMAGIT INUUSIRMI KATUJJIQAATIGIIT EMBRACE LIFE COUNCIL – WWW.INUUSIQ.COM