

IN CASE OF LIFE-THREATENING SITUATIONS / CONCERNS FOR ONE'S OWN OR SOMEONE ELSE'S IMMEDIATE SAFETYCALL RCMP 1-867-979-0123 (867-439-0123)

FOR NON-LIFE-THREATENING YOUTH DISTRESS SITUATIONS

CALL KAMATSIAQTUT HELPLINE – 867-979-3333 / 800-265-3333 (ALL DAY, EVERYDAY)

KIDS HELP PHONE – 1-800-668-6868 (ALL DAY, EVERYDAY)

CRISIS TEXT LINE – TEXT "CONNECT" TO 686868 (ALL DAY, EVERYDAY)

HOPE FOR WELLNESS HELPLINE – 1-855-242-3310 (ALL DAY, EVERYDAY)

COMMUNITY RESOURCES & SUPPORTS

ILLNESS/INJURY (NON-LIFE THREATENING)	SUPPORT AND COUNSELLING	DISTRESS/ SUICIDAL THOUGHTS	ADVOCACY	SEXUAL ASSAULT	EMERGENCY HOUSING	EMERGENCY FUNDING
<p>Health Center (867) 857-3100</p>	<p>Ilisqsiqivik Toll-free counselling line: 1-888-331-4433 (Inuktitut and English)</p> <p>RN Mental Health 867-857-3100</p>	<p>Psychiatric Nurse 867-857-3100 867-857-3013</p>	<p>Representative for Children and Youth 1-855-449-8118 contact@rcynu.ca</p> <p>Child and Youth Support Centre 867-975-5233</p> <p>Child and Youth Outreach Worker 867-857-2841</p>	<p>Nunavut Victim Services: 1-866-456-5216</p>	<p>Social Services Office: (867) 857-3108 (867) 857-3109</p> <p>Social Services Emergency: (867) 857-3146</p> <p>Local Housing Organizations 867-857-2973</p> <p>Nunavut Housing Corporation 867-252-3756 http://www.NunavutHousing.ca/</p>	<p>Social Assistance (18 and over)</p> <p>Income Assistance Officer 867- 857-3181or 857-3182 or 857-3188</p> <p>Government of Nunavut Employee/Family Assistance (800) 663 1142</p> <p>Government of Canada Employee/Family Assistance (800) 268 7708</p> <p>Kiviak Applications http://www.kakivak.ca/en/</p> <p>KIA's funding programs 800-220-6581 867-645-5725 http://kivalliqinuit.ca/funding-programs-2</p>

OTHER RESOURCES / SUPPORTS AVAILABLE IN ARVIAT:

- FAMILY / FRIENDS WHO YOU TRUST
- ELDERS WHO YOU TRUST

FOR OTHER SUPPORTS, VISIT ISAKSIMAGIT INUUSIRMI KATUJJIQAATIGIIT EMBRACE LIFE COUNCIL – WWW.INUUSIQ.COM