

# Qikiqtarjuaq

**IN CASE OF LIFE-THREATENING SITUATIONS / CONCERNS FOR ONE'S OWN OR SOMEONE ELSE'S IMMEDIATE SAFETY**  
**CALL RCMP 1-867-927-1111**

## NON-LIFE-THREATENING YOUTH DISTRESS SITUATIONS

**CALL KAMATSIAQTUT HELPLINE – 867-979-3333 / 800-265-3333 (ALL DAY, EVERYDAY)**  
**CALL HOPE FOR WELLNESS – 855-242-3310 (ALL DAY, EVERYDAY)**  
**OR CALL KIDS HELP PHONE – 1-800-668-6868 / CRISIS TEXT LINE – TEXT "CONNECT" TO 686868 (ALL DAY, EVERYDAY)**

## COMMUNITY RESOURCES & SUPPORTS

ILLNESS/ INJURY (NON- LIFE THREATENING)	SUPPORT AND COUNSELLING	DISTRESS/ SUICIDAL THOUGHTS	ADVOCACY	SEXUAL ASSAULT	EMERGENCY HOUSING	EMERGENCY FUNDING
<p><b>Health Centre</b> 867-927-8916</p>	<p><b>Family Wellness Office</b> 867-927-8863</p>	<p><b>Psychiatric Nurse</b> 867-473-8977</p>	<p><b>Representative for Children and Youth</b> 855-449-8118</p> <p><b>Community Justice Outreach Worker</b> 867-927-8089</p>	<p><b>Health Centre</b> 867-927-8916</p> <p><b>Social Services Office</b> 867-927-8863</p>	<p><b>Social Services Office</b> 867-927-8863</p> <p><b>Nunavut Housing Corporation</b> 867-252-3756 <a href="http://www.nunavuthousing.ca/home">http://www.nunavuthousing.ca/home</a></p>	<p><b>Income Assistance Worker</b> 867-927-8485</p> <p><b>QIA's Grants and Contributions</b> 800-667-2742 867-975-8400 <a href="https://www.qia.ca/applications/">https://www.qia.ca/applications/</a></p> <p><b>Financial Assistance For Nunavut Students</b> 1-877-860-0680 <a href="https://www.gov.nu.ca/education/programs-services/financial-assistance-nunavut-students-fans">https://www.gov.nu.ca/education/programs-services/financial-assistance-nunavut-students-fans</a></p> <p><b>Kakivak Association</b> 1-800-561-0911 <a href="http://www.kakivak.ca/en/overview">http://www.kakivak.ca/en/overview</a></p>

### OTHER RESOURCES / SUPPORTS AVAILABLE IN QIKIQTARJUAQ:

- FAMILY / FRIENDS WHO YOU TRUST
- ELDERS WHO YOU TRUST

**FOR OTHER SUPPORTS, VISIT ISAKSIMAGIT INUUSIRMI KATUJJIQAATIGIIT EMBRACE LIFE COUNCIL – WWW.INUUSIQ.COM**